



# **Level 2 NCFE Diploma Sports Coaching (Football Pathway)**

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Student Name:



**COMMUNITY**  
COLLEGE

**ncfe.**



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## 1.1 - Staff Contact:

Name	Role	Email/Phone
Ryan Bullock	Personal Tutor/Course Leader	<a href="mailto:bullockr@chesterfield.ac.uk">bullockr@chesterfield.ac.uk</a>
Tom McGrail	Vocational Leader for Sport and Public Services	<a href="mailto:mcgrailt@chesterfield.ac.uk">mcgrailt@chesterfield.ac.uk</a>
Alex Hall	Curriculum Manager for Leisure	<a href="mailto:halla@chesterfield.ac.uk">halla@chesterfield.ac.uk</a>
College Mainline	Reporting Absence from College	01246 500 585
Kerrie Robertson	LEAP Mentor (Enrichment, Bursary, Pastoral Support)	<a href="mailto:robertsonk@chesterfield.ac.uk">robertsonk@chesterfield.ac.uk</a>

Please note staff working hours are Monday – Friday 8.30am – 5.00pm and they will aim to respond to you promptly. Please try to contact staff through Microsoft Teams/Email as these are usually the best options.

## 1.2 – The Football Offer

Please note for issues relating to the football provision please contact Sheffield United Community Foundation and the key contact will be Aidan Spowage. Aidan will be able to advise you on the following:

- Fixtures and Training
- Attendance for Training/Matches
- Kit
- Football Performance and General Support

Generally speaking the following offer is available for students:

- 2x 1.5 hour training sessions based at Queens Park Sports Centre – 3G Astro Turf Pitch
- Up to 20 Games Per Season (Home and Away)
- Home games to be played at Langer Lane (alternative provision through winter)
- Mini Bus to be made available for Away Games
- Entrance into the CEFA League
- 1x Ticket for a fixture for the year
- 1x Trip to the clubs home ground
- Purchase of kit minimum including (please note other items e.g. Waterproofs are available):
  - o x2 Shirts
  - o x2 Shorts
  - o x1 Zip Up/Jumper/Hoody
  - o x1 Bottoms

## 2.1 – College Expectations and Standards.

During your course at college the minimum expectation for attendance is 90% and above for all lessons (Sport and Maths/English if applicable).

You may be unavailable for football and face disciplinary action for the following reasons:

- Attendance dropping below 90% (including being sick)
- Unauthorised absences
- Consecutive absences
- Missing assessment deadlines
- Incomplete work (e.g minimum grade not being achieved etc)

Please also note that Chesterfield College has a three stage Disciplinary process:

- Stage 1 – Targets set to achieve
- Stage 2 – If Stage 1 targets have not been met, parents to be involved with further targets to achieve
- Stage 3 – Panel with senior management with possible removal from the course

## 2.2 – Grades

At college your personal tutor will explain to you your MTG (Minimum Target Grade) and ATG (Aspirational Target Grade). The grade will be one of the following:

- Pass
- Merit
- Distinction
- Distinction \*

It is important that during your time at college you are working towards your minimum grade, with hope that you will stretch yourself in trying to achieve your ATG.

## 2.3 - How to Calculate your Final Grade.

In total this year you will complete 7 units to achieve your qualification. There are a total of 4 different grades that can be achieved for each unit of Referral, Pass, Merit and Distinction.

Depending on the grade achieved each unit will equal a different amount of points. Please see below the different possible grading for each unit to achieve a final grade overall:

[illegible]

## 2.4 – What is my course worth?

Completion of the course is worth five GCSE grades from grades 4-9, depending on the overall grade of the completed course. Please note there is no UCAS points attached to completing this course. However, completing this course will allow progression to a Level 3 programme, pending Merit achievement for the year. The following courses are options to progress onto:

- L3 NCFE in Sport and Physical Activity (Multisports Pathway)
- L3 NCFE in Sport and Physical Activity (Football Pathway)
- L3 Pearson Sport and Exercise Science

## 2.5 – Submitting Assignments

All assignment dates for each unit will be set out by the relevant unit teacher. It is essential that you meet deadlines on time to give yourself the best possible chance of achieving your full potential for each piece of work

All work will be submitted through OneFile. You will be given a guide on how to submit this correctly during your induction week.

From the hand in date, you will receive feedback no later than 10 Working Days from your submission date. Within each submission there will be one opportunity to resubmit this piece of work to make improvements to your original submission. When you hand in your resubmission, please make sure your changes are clearly labelled (red text/different labelled voice clip).

## 3.1 – Access to Microsoft Office 365

As a Chesterfield College student please ensure you download Microsoft Office 365 which will give you access to the following programs:

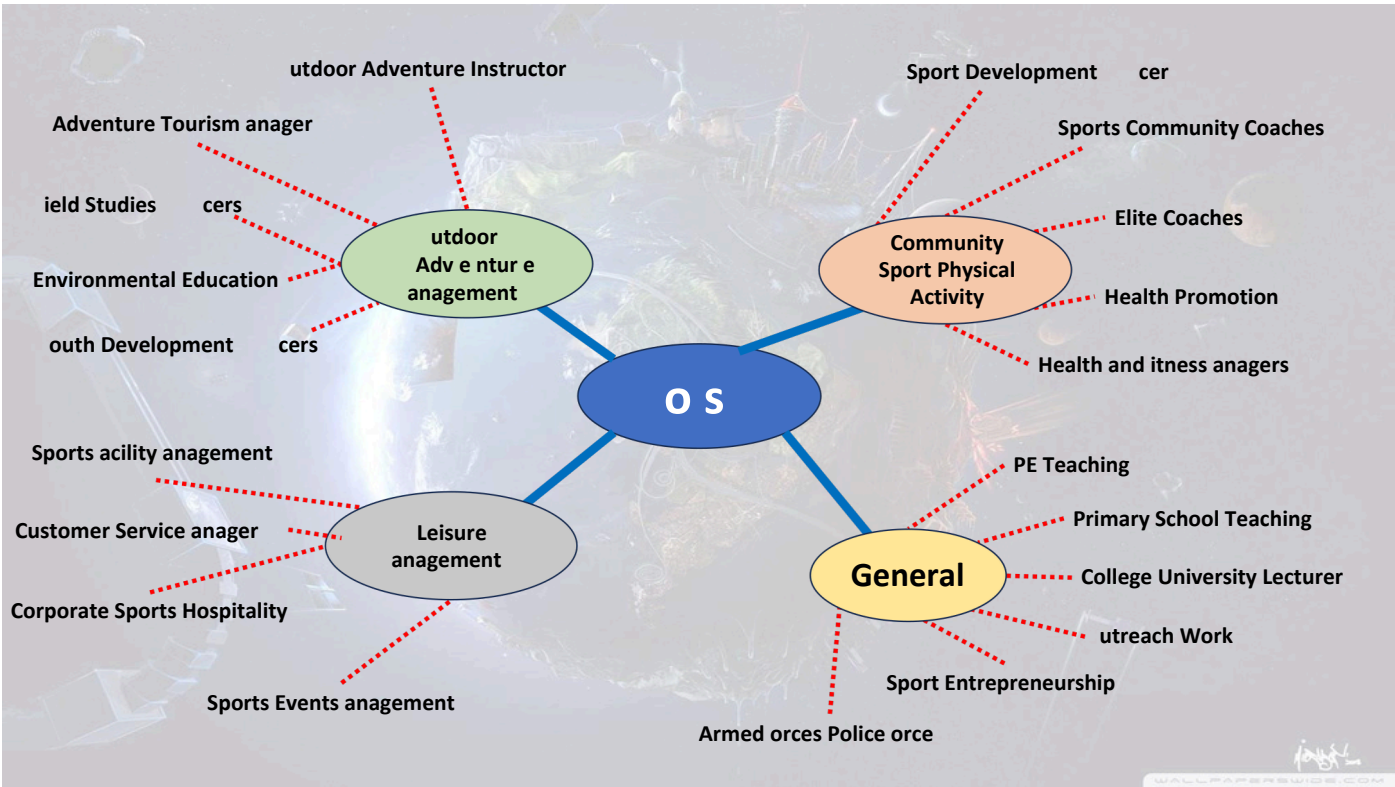
- Outlook
- OneDrive
- Word
- PowerPoint
- Excel
- Notebook

These programmes will be essential during your time at college and can be accessed via your phone, tablet, laptop or computer.

#### 4.1 – Unit Guide and Information

Unit Name	What the unit involves?	How are you assessed?	Grade I would like to achieve?
<b>Planning and Running a Sports Event</b>	Within this unit learners will develop their understanding of the different types of sporting events and how events and competitions differ. This will be enhanced by learners having the opportunity to plan, organise, deliver and evaluate the success of the event.	Workbook Practical Demonstration	
<b>Sports Volunteering</b>	This unit allows learners to gain an understanding of the role of a sports volunteer and also actively take part in the role of a sports volunteer. Learners will look at the skills and qualities required to be a sports volunteer and the personal benefits gained from working within this type of role. Learners will look at the opportunities available for sports volunteering, work in the role of a sports volunteer, as part of a team, and evaluate their own performance in their role as a sports volunteer.	Practical Demonstration Letter Workbook	
<b>Developing Sporting Skills and Tactical Awareness</b>	This unit provides learners with the opportunity to develop their understanding of technical and tactical skills for a sport of their choice. There is an opportunity for learners to assess and analyse their own technical and tactical skills, along with the analysis of a professional sports person. Through analysis of their own performance, learners will develop a plan to improve their sports performance.	Practical Demonstration Workbook	
<b>Lifestyle and the Sports Performer</b>	This unit gives learners the opportunity to investigate the lifestyle of an elite athlete and how that person conducts themselves personally and professionally, within the media and through career progression. Focus will be given to learners developing their own career plan and have the opportunity to participate in a media interview	Workbook Media Interview Reflection	
<b>Participating in Sport</b>	This unit enables learners to develop their practical skills in sport through organising and participating in sports activities. Learners will work with others to plan a sports activity, participate in a sports activity and evaluate their own performance and the performance of others following the activity. The unit is	Practical Demonstration Workbook	
	underpinned by learners gaining the required knowledge and understanding of sport rules and regulations.		
<b>Sports Coaching</b>	This unit allows learners to develop their understanding of the roles and responsibilities of a sports coach, considering personal skills, coaching and communication techniques. Learners will have the opportunity to plan, deliver and evaluate their own coaching sessions within a sport/activity of their choice.	Practical Demonstration Workbook	
<b>Plan, Deliver and Evaluate an Activity Session</b>	This unit gives learners the opportunity to develop their skills as activity leaders/instructors. Learners will plan a session for an activity of their choice, considering facilities, participants, and safety aspects, along with how to adapt should any changes be required. Following the planning learners will have the opportunity to deliver their session, evaluate the session and take feedback from participants.	Practical Demonstration Workbook	

5.1 – What jobs could I progress onto from the course?



6.1 – ASPIRE Journey

As a Chesterfield College student you will not only develop your vocational knowledge of the sector that you are wanting to progress into, but you will also develop your personal skills that are needed for your industry.

At college we refer to this as our ASPIRE skills. These are skills that we believe a critical skill that are needed to work in the sport and exercise sector. Throughout your course and work experience you will develop all these skills to help prepare you for a career in the sport and exercise. See below some of the examples where you will be using these skills on your course and where they become important in the sports sector.



ASPIRE Skill	When you will use it at college	When you will need it in a sport career
Collaboration	Designing group presentations to present to the rest of the group.	Working within a team to plan and run large scale sporting events.
Critical Thinking	Developing specific rehabilitation plans that suit your athlete.	Making key decisions on the strategies that you use to help athletes rehab.
Creativity	Designing a research project into a specific topic	Creating bespoke training and rehabilitation plans for a client
Communication	Coaching a sports activity session to a group.	Leading coaching sessions to a group of professional athletes.
Hope and Optimism	Pushing yourself to achieve a distinction in a specific unit.	Pushing yourself to complete university and achieve your dream career.
Personal Safety & Wellbeing	Understanding the importance of physical activity on health.	Helping a client lose weight to help reduce the stress on their heart.
Confidence & Self-Motivation	Motivating yourself to revise for your January exams.	Working extra hours to help your team prepare for an upcoming game.
Maths, English and Digital Technology	Analyse and devise diet plans for an athlete. Calculating calories and working with percentages.	Developing a lifestyle improvement plan and planning target heart rate zones.
Commitment	Seeking your own work placement in your desired career.	Working late in a sports team to break down and analyse performance of a previous performance.



## 7.1 – Work Experience

This year you will need to complete a minimum of 40 hours of Work Experience. This may be done at multiple venues or all within one setting. Most students complete these houses in two different ways:

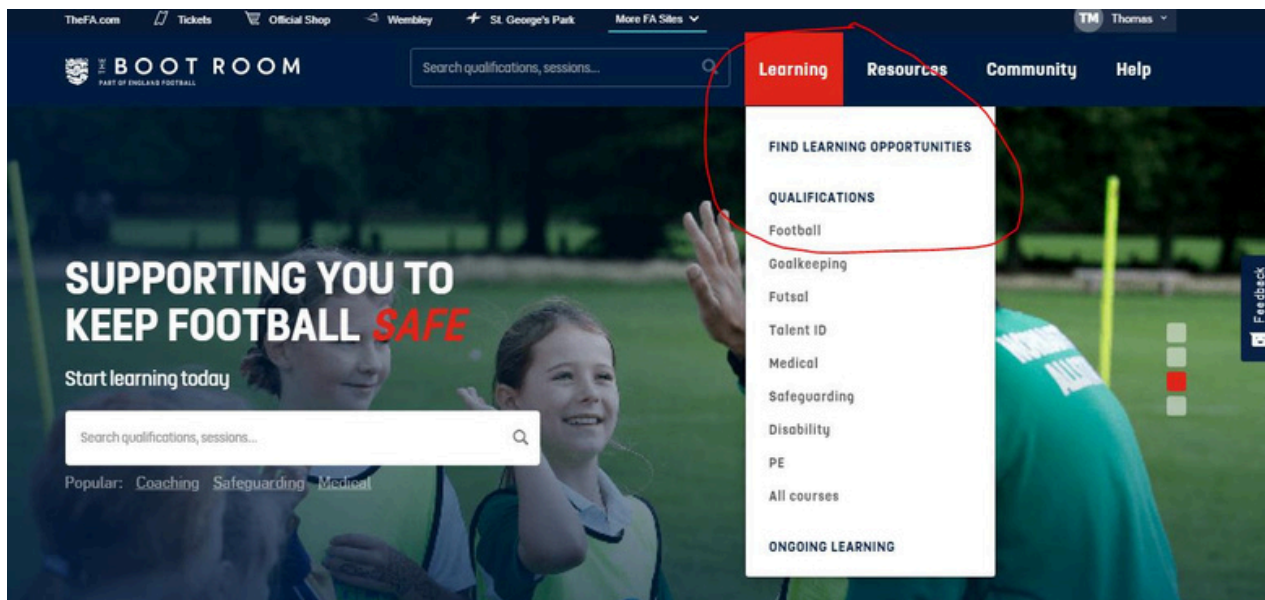
- Short and Fat (Lots of hours over a short period of time e.g full week at half term)
- Long and Thin (Little hours but done throughout the year e.g. coaching at your local team once per week)

When completing your work experience hours college will need to know the following prior to starting:

- Placement Name/Organisation Name
- Name of Key Contact
- Phone Number
- Email
- Information of types of activities, what will you be doing and when

Online FA Courses ([www.thebootroom.thefa.com](http://www.thebootroom.thefa.com))

The Bootroom is an online platform for football coaches with the country, within the site there is access to articles, sessions, resources and also online courses. IN the top right corner of the page, click sign in a create an account. This will generate a FAN number, username and password.



When hovering over 'learning' this will bring a list of different courses, the below are all free and completing the following would generate 18 hours:

- EE Playmaker Course (3 HOURS)
- Talent Identification Level 1 (3 HOURS)
- Introduction to Futsal (1 HOUR)
- Disability Football Introduction (1 HOUR)

- Respect Course (2 HOUR)
- The FA Safeguarding for All (3 HOURS)
- The FA Safeguarding Adults (3 HOURS)
- The FA Concussion Guidelines (1 HOUR)
- Sudden Cardiac Arrest (1 HOUR)

There are also other courses which are highly recommended which would generate work experience hours:

- Introduction to Football Coaching (Level 1) - £160 (Over 30 HOURS Work Experience)
- Safeguarding Children Course - £30 – (3 HOURS Work Experience)
- Referee Course - £110 (Over 35 Hours)

UK Coaching ([www.ukcoaching.org/courses/course-list](http://www.ukcoaching.org/courses/course-list))

UK Coaching also offer lots of different online courses that can be used towards work experience, however some of these cost, see list below:

- Coaching People with a Visual Impairment - £17 (2 HOURS)
- Keeping Deaf and Disabled People Safe in Sport - £17 (4 HOURS)
- Inspiring Positive Behaviour in Sport - £7 – (1 HOURS)
- Inclusive Activity Programme - FREE (1 HOURS)
- Mental Health Awareness for Sport and Physical Activity - £12 (3 HOURS)
- PE Confidence Series - £50 (4 HOURS)



## 8.1 – Case Studies from Previous Students

“I have really enjoyed the fact we have learnt and coached about multiple sports throughout the year, meaning everything has been quite fresh. I was treated really well throughout the year as well from all tutors and students, I was always given help if needed and all the tutors know how to make a lesson fun which helped with my learning. I learnt how to coach children all the way up to 16-19 year olds correctly, I also learnt how to not just improve but why we use certain skills in coaching such as communication, teamwork and problem solving which all help me to become a better coach/leader. I am going to enrol for next year's course to carry on my dream to become a sports coach, after that I will hopefully go to University to carry on learning or try and find a job in sports coaching. The course will help me complete my goals because it will improve all my skills, improve my CV and also give me confidence to coach to all ranges of athletes/participants..” **ason Smith, 2024**



*“I learnt how to coach children in the right manner and the importance of team skills I’ve also learnt about safeguarding for children. Next, I will do the second year of the course and then hopefully go to university to study coaching or teaching. The course is going to help towards my long-term ambition because I will*

*hopefully get to the stage of being able to become a PE teacher and be able to coach people to do sports which is a great job.”* **Dec raney, 2023**




## 9.1 – Kit Information

The SUFC football kit is available from the link below, however whilst it is always good to be early, please be aware that you will need to 'size up' for this kit as it is generally on the small side and as it is personalised so the company will not take returns. We will have some football kit for you to try on for size at our taster and open evenings.



Minimum recommendations are 2 shirts, 2 shorts, 1 hoodie and 1 tracksuit – available from:

<https://www.kitlocker.com/sufcfoundationstudents>

Students	Staff	Grassroots	Esports
 Errea Blake 1/4 Zip Drill Top £27.00 - £32.59	 Errea Iceland 3.0 Jacket £44.25 - £53.59	 Errea JONAS BASIC HOODIE £26.59 - £31.09	

or all of the sports coaching assessments, students will need to be in Chesterfield College coaching kit. As a minimum requirement of the course, please purchase at least one t-shirt from the website or QR code. <https://www.kitking.co.uk/collections/student-kit>

